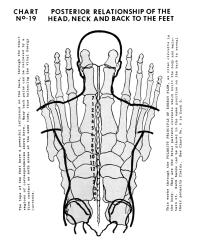
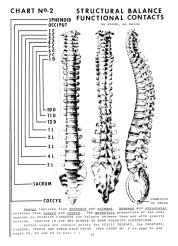
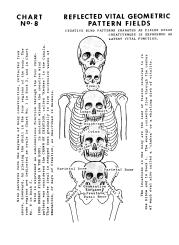
1.
Projection &
Reflection
(Top-bottom)

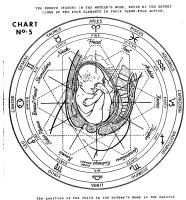


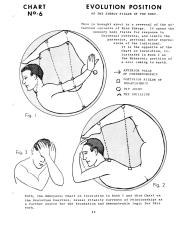


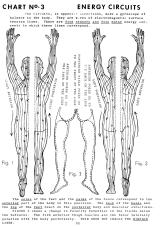




2.
Involution &
Evolution
(Front-back,
flexionextension)



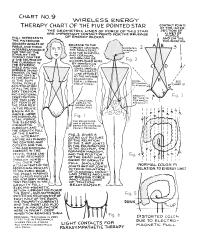


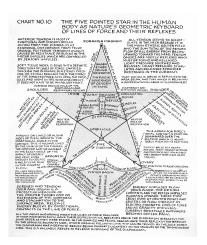


Polarity
Therapy
"3 Geometries"
from the APTA
Standards for
Practice

3.
Symmetry &
Balance
(Left-right)





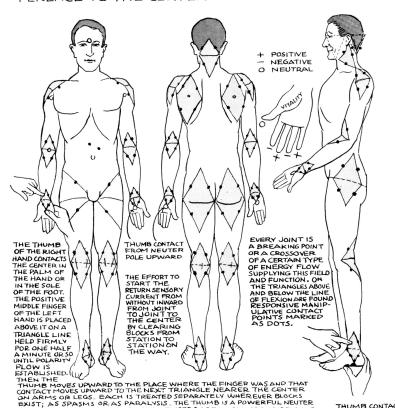


# **Neutral Energy**

"Satva Current"

Polarity Therapy, Vol. II, EES, Ch. 7 and Vol. I. Bk. 2 Ch. 59

CHART NO.59. PRINCIPLES OF LOCAL WIRELESS CURRENT FLOW IN THE BODY AND HOW IT CAN BE INFLUENCED BY POLARITY CONTACTS TO FLOW FROM THE CIRCUM-FERENCE TO THE CENTER.



POLE: THE MIDDLE AND THE LITTLE FINGERS ARE WARMING AND RELAYING

AS POSITIVE ACTIONS. THE FIRST AND THE RING FINGER ARE COOLING AND TONIC FOR FLACID TISSUE AS NEGATIVE POLES.

THUMB CONTACT

NEGATIVE POLE

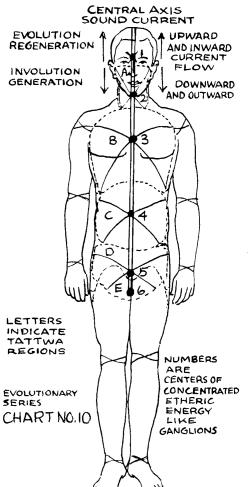
EDOM THE

UPWARD

**EVOLUTIONARY ENERGY CHARTS** 

#### MAN AND HIS FINER ATOMLIKE ENERGY POTENTIALS

CHAKRAS ARE NUCLEI OF VIBRATING SPINNING ETHERIC ENERGY SUBSTANCE OF LIGHT AND SOUND CURRENTS. NO.1 THE TISRATILL CENTER OR THE AJANA CHAKRA IS THE MYSTERIOUS THIRD EYE. THIS CENTER IS THE MEETING PLACE OF SOUL AND MIND ENERGY IN ITS DESCENTINTO THE BODY. IT IS THE GORDIAN KNOT OF LIFE WHERE THE CONSCIOUS CURRENTS AND THE UNCONSCIOUS IMPULSES MEET. HERE IS THE ARMAGEDDON OF THE SOUL FOR CONTROL OF THE DIRECTION OF ENERGY UPWARDAS THE PATH OF VIRTUE AND LIBERATION OR DOWNWARD AND



OUTWARD FOR FURTHER INVOLUTION INTO THE SNARES OF MATTER AND SELF SATISFACTION IT IS THE MIND CENTER OF THOUGHT CONTROL THE SUN AND MOON ENERGY AS POSITIVE AND NEGATIVE COSMIC BREATH ENERGY CROSSES OVER IN THE CENTER OF EACH CHAKRAAS THE INDIVIDUALIZED LIFE BREATH. ASTHE SUN AND MOON TRAVEL CONSTANTLY 50 DOES THE BREATH SUPPLY ALL CELLS IN ITS RHYTHMIC FLOW, THE CENTRAL CORE ENERGY MOVES BY POLARIZATION FROM PLUS TO MINUS. THE SURFACE CIRCULA-TION IS THROUGH RADIATION LIKE ATOMIC HEAT WAVES. THIS EXHAUSTS ITSELF UNLESS IT IS SUSTAINED FROM THE CENTRAL CORE AS THE TREE OF LIFE IN EACH SECTION OR OVAL. NO.2 THE VISHUDDHA CHAKRA OR KANTH MANDEL IS IN THE THROAT (A) IT IS IN THE ETHERIC PLANE AS TATTWA ENERGY, IT IS ALSO THE POSITIVE POLE OF THE PRANA LIFE CURRENT. PSYCHOLOG-ICALLY IT IS THE CENTER OF PRIDE AND VANITY, NO.3 THE ANAHATA OR HRIDAYA MANDAL IS THE HEART CENTER (B). IT IS THE AIR ELEMENT OF THE CHEST AND LUNGS IT IS ALSO THE VIAN CURRENT IN THE CIRCU-LATION. THE SENSE OF TOUCH AND FEELING HAVE THEIR CENTER HERE, THE CENTER OF GREED LIES HERE LIKE THE AIR ENVEL-OPING ALLTHINGS. NO.4 THE MANIPURA OR NABHI CENTER THE NAVEL (C). HERE IS SAMAN, THE FIRE ELEMENT WHICH WORKS THE DIGESTIVE ORGANS AS HEAT UNDER A POT, RED IN COLOR, ANGER HAS ITS SEAT HERE AND FLIES FREELY. NO.5 THE SWADISH-TANA, THE INDRIVA LINGA GENITAL CENTER (D). THE WATER ELEMENT-WHITE- ALSO THE SENSE OF TASTE LIES HERE AS THE TATTWA ELEMENT, THE ACTIVE POLE IS THE TONGUE AS THE POSITIVE CENTER.

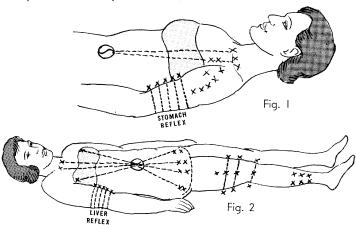
DESIRE AND LUST HAS ITS POLE HERE. NO.6 THE MULADHARA CHAKRA OR GUDHA MANDAL IS THE RECTAL CENTER (E). IT IS THE EARTH ELEMENT AND THE SEAT OF ATTACHMENT. IT IS GRAYISH RED OR YELLOW. THE TATTWAS ARE FINER ATOMIC TYPE SUBSTANCES AS OVAL AREAS IN THE BODY, LIKE PLATES IN A BATTERY WITH ELECTRICLIKE PRANA CURRENTS FLOWING THROUGH THEM.

# Yang Energy "Rajas Current"

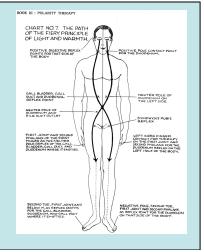
Polarity Therapy Vol. II, EES Charts 2 (at right) & 18 (below)

CHART No.18 VITAL WIRELESS THERAPY THRU THE FIERY EVOLUTIONARY ENERGY IN THE UMBILICAL CHAKRA OR CENTER.

The umbilicus is the center in the body thru which the Life Energy can be influenced. It is the link to the Primal Energy of the Yang and the Yin of embryonic life impulses which, in their ceaseless churning, wove the pattern of the body into tissues.



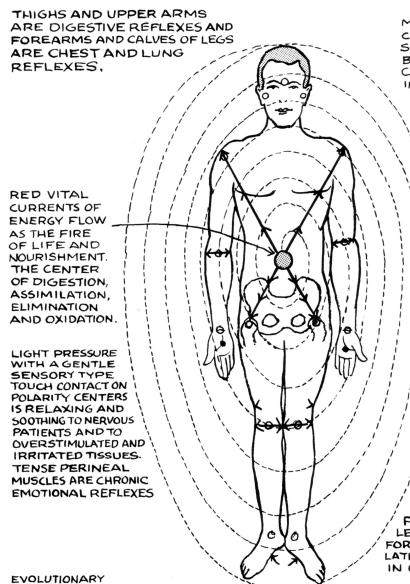
"Path of Fire" Vol I Bk 3 Ch 7



SERIES

CHART NO. 2

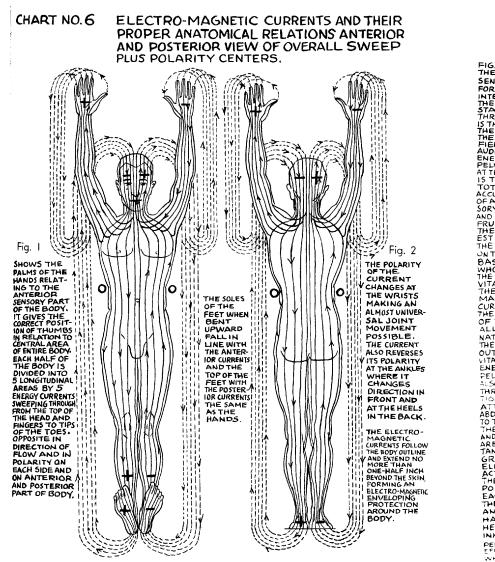
EVOLUTIONARY RADIATING VITAL ENERGY WHICH SUSTAINS ALL BODY FUNCTIONS. ANTERIOR WAVES FROM THE CENTER OUT AND CONTACTS FROM THE UMBILICUS. OTHER SENSORY CENTERS FOR CONTACTS - THE PERINEUM, UVULA, TOP OF HEAD, PALMS OF HANDS, SOLES OF FEET.



MOTOR JOINT AREAS
CAN BE USED WITH
SENSORY CONTACTS TO
BALANCE BOTH. SEE
CHART NO.4 - PAGE 45
IN "POLARITY THERAPY

THE EMOTIONS ARE THE NEUTRAL ETHERIC LIFE PRINCIPLE AND THE INVOLUNTARY ACTIONS AND REACTIONS OF THE VEGETATIVE NERVOUS SYSTEM. THEY CONSTITUTE THE UNCONSCIOUS CELLULAR LIFE IMPULSES AND BEHAVIOR. TENDERNESS ON TIP OF SPINOUS PROCESS SHOWS A CONGESTION IN THE MENINGES AND A STAGNATION IN THE CEREBRO SPINAL FLUID AS THE CENTRAL CORE ACTION FROM THE LIFE PRINCIPLE IN THE VENTRICLES OF THE BRAIN. LACK OF OXIDATION STAGNATES THE LIFE FLUIDS BECAUSE OF INSUFFICIENT RADIATION OF THE FIERY LIFE ENERGY MIXED WITH AIR TO FAN IT. POLARIZING THE BRAIN FACULTIES FROM THE RIGHT TOTHE LEFT HALF CAN BE DONE FOR BALANCING OR STIMU-LATING ACTION. (TAUGHT IN CLASS WORK).

# Yin Energy "Tamas Current"



#### CHART NO. 9 WIRELESS ENERGY CONTACT POINTS AT THE INTER-SECTION OF LINES OF FORCE THERAPY CHART OF THE FIVE POINTED STAR THE GEOMETRIC LINES OF FORCE OF THIS STAR ARE IMPORTANT CONTACT POINTS FOR THE RELEASE OF ENERGY BLOCKS FIG.I REPRESENTS THE ANTERIOR AND ON THE SENSORY ANGLES OF RELEASE TO THE lΒ FORCE AND THEIR 3 THROAT CENTER, THE SHOULDERS, ALSO THE OCCIPITAL FORAMEN INTERRELATIONSHIP, THE TOP OF THE STAR AT THE THROAT CENTER IS THE SOURCE OF MAGNUM \* AND CERVICAL REGION CAN BE ACCOMPLISHED HERE Fig. 2 IS THE SOURCE OF THE CURRENT IN THE ETHERIC FIELD AND THE AUDIBLE SOUND ENERGY, IN THE PELVIC BASIN BY INHIBITION IONAL IMPULSE LINE OF FORCE AS THE ANTERIOR AT THE BOTTOM FOUNDATION IS THE SUM SACRAL ARTICULATION RELATIONSHIP SEE FOR ALL SUPERIOR STRUCTURES. TOTAL FORCE ACCUMULATION OF ALL THE SEN-SORY TENSION AND EMOTIONAL FRUSTRATION. THE TWO LOW-EST POINTS OF Fig. GRAVITY BAI ANCE TO FORAMEN MAGNUM FUNCTIONAL REFLEX TO THROAT AND SHOULDERS THE STAR REST ON THE PELVIC BASIN AS A WHOLE. HERE THE INDIVIDUAL Fig. 1 VITAL FORCE, THE ELECTRO-MAGNETIC THE PELVIC FLOOR HAS A DEFINITE EFFECT ON ANTERIOR PELVIC TENSION CURRENTS AND THE GRAVITY PULL OF THE EARTH, FIG.2 GIVES A CLEAR CUT PICTURE OF THE RELATION OF THE 2 HIP JOINTS AS THE FOUNDATION TO THE OCCIPUT, THE FORAMEN MAGNUM, ALL INTERACT. NATURE HAS PLACED THE CENTERS AND OUTLETS FOR THE VITAL AND EMOTIONAL ENERGIES IN THE PELVIS. THESE CAN Fig. AND THE POSITION ALSO BE RELEASED OF THE HEAD INFLU THROUGH INHIBI-ENCED BY GRAVITY TION OVER THE ATTACHMENTS OF THE ABDOMINAL MUSCLES TO THE PUBIC BONE. THE PSOAS MAGNUS AND ILIACUS MUSCLES ARE ALSO VERY IMPORTANT FACTORS IN THE PULL. SHOULDER NORMAL COLON IN JOINTS AND HIPJOINTS IN THEIR RELATION RELATION TO ENERGY LINES IN THEIR RELATION OF DIAGONAL MUSCULAR STRESS AND LINES OF BRACING FORCE AND CROSS OVER OF TENSION RELATIONSHIP. GRAVITY PULL ELECTRO-MAGNETIC ACTION-UPRIGHT POSITION OF THE BODY - AND ANTERIOR POSTERIOR RELATIONSHIP OF Fig. 5 EACH HALF OF THE BODY, THE POLARITY CURRENTS AND THE SHORT LEG ALSO HAVE A MAJOR FACTOR NWOO HERE IN FRONT, DEEP INHIBITION REACHES THEM. PERINEAL TECHNIQUE IS VERY DISTORTED COLON FFECTIVE IN PREGNANCY DUE TO ELECTRO-WHERE PELVIC STRESS LIGHT CONTACTS FOR AND STRAIN CAUSES MUCH MAGNETIC PULL

PARASYMPATHETIC THERAPY

LEG PAIN.



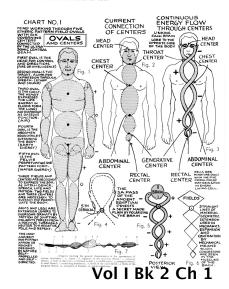


CHART NO.13. MIND THE PRIMAL CENTRIFUGAL ENERGY OF THE SOUL

#### **Polarity & Craniosacral**

A selection of charts from Dr. Stone focusing on Craniosacral Relationships

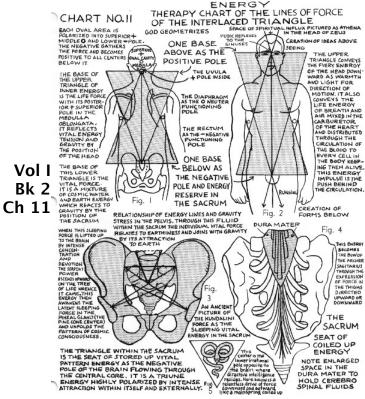
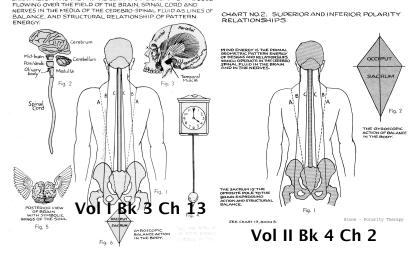
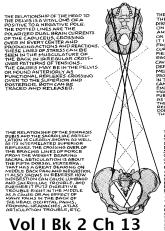


CHART NO. 13. A GEOMETRIC RELATIONSHIP OF LINES OF FORCE OF ENERGY CURRENTS, GRAVITY AND WEIGHT BEARING SURFACES OF THE BODY.





THE TWO APTICLEATING SUPPACES OF THE SACRUM AND ILLUMI HANG A DIRECT BEARDM AND ILLUMI HANG A DIRECT BEARDM AND PLANT AND AND THE ATTACK THE SUPPENDS RISTS ON THE REPORT OF THE ATTACK THE SUPPENDS RISTS ON THE REPORT OF THE ATTACK THE SUPPENDS RISTS OF THE ATTACK THE SUPPENDS RISTS OF THE ATTACK THE SUPPENDS RISTS OF THE ATTACK THE ATTACK

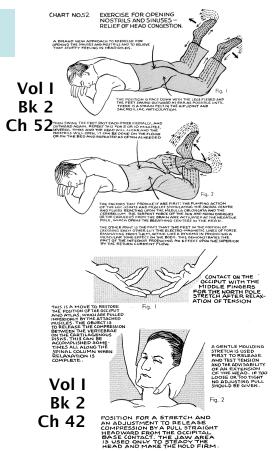
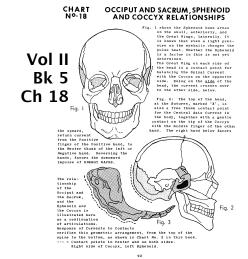


ILLUSTRATION FOR PAGE 66 IN THE NEW ENERGY CONCEPT OF THE HEALING ART!

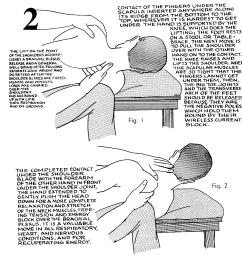


#### **Polarity Therapy Heart Strategies**

CHART NO.13. FIG.1. RELEASE OF PATTERN ENERGY BLOCKS IN THE CEREBRO-SPINAL FLUID. FIG.2. STRUCTURAL BIPOLAR RELEASE OF RESPIRATORY



CHART NO.36. SCAPULA LIFT FOR BRACHIAL PLEXUS RELEASE



BOOK IV: THE MYSTERIOUS SACRUM

CHART NO.6. POLARITY THERAPY APPLIED TO THE EXTREMITIES FOR HEART TROUBLE.

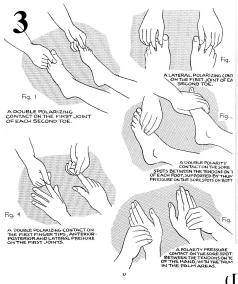


CHART NO.8. RELEASING THE ENERGY BLOCKS IN HEART TROUBLE BY POLARITY TECHNIQUE WITH DIAPHRAGM AND SHOULDER CONTACTS.

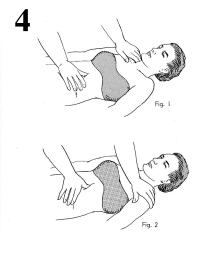
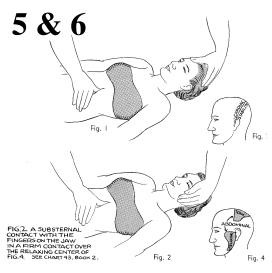


CHART NO.9 A CONTACT UNDER THE STERNUM WHERE THE TENSION IS, WITH A STIMULATING FINGER CONTACT ON THE CARDIAC STABILITY CENTER OF FIG.3, AND A STEAD THUMB CONTACT OVER THE PITUITARY REGION ON FOREHEAD



1- Phrenic Nerve

2- Scapula release

**3**- Contacts on hands and feet thumb webs-bi-lateral

Intermetacarpals- bi-lateral

Intermetatarsals- bi-lateral

Bi-lateral fingers contacts on distal joints

Bi-lateral toes contacts on distal joints

4- Diaphragm-Clavicle Lift: same & opposite sides (II, 4, 8)

5- Diaphragm-Cardiac Stability Line

**6**- Diaphragm-Jaw Contacts

7. Neutral thumb on the heart center

(II, 4, 13, f 1)

(I, 2, 36; II, 4, 7, f 1)

(I, 2, 17, f 1 & 2; EES, 6)

(II, 4, 6, f 5)

(II, 4, 6, f 3)

(II, 4, 6, f 4)

(II, 4, 6, f 1 & 2)

(II, 4, 9, f 1 & 3)

(II, 4, 9, f 2 & 4)

(1, 3, 2)

# **Polarity Therapy Short Leg Session**

#### Client Supine

Centering, grounding, neutral via occipital cradle: observe position of feet (internal, external rotation, asymmetry)

- **1.** Go to feet, compare leg lengths and test internal rotation ease (also VI B2 Ch53)
- 2. Rock ankles laterally, rest and listen
- **3.** On short leg side, find sore spot in heel and balance with same-side hip using firm grip on both

Five pointed star inhibiting psoas on the short leg side

#### Client prone

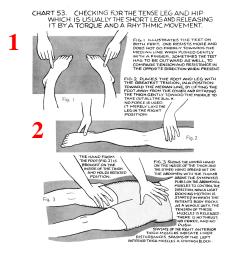
Gentle rocking longitudinal stretches

- 4. via heel to hip, back and occiput
- 5. via innominate to back and temporalocciput on short leg side

Finish with Chakra balance starting with sacrum-occiput Short Leg Session 3

#### VI B2 Ch54

CHART NO.54. THE OS CALCIS BONE AS THE NEGATIVE REFLEX POLE FROM THE POSITIVE OCCIPUT AND THE NEUTER SACRUM AFFECTING THE POSTURE AND FUNCTIONS OF THE BODY. POSTERIOR VIEW OF LEG DISTORTIONS THROUGH THE FEET.



VI B2 Ch42



VII EES Ch2

#### VI B2 Ch56

CHART 56. CORRECTING BODY ROTATION THRU THE HIP JOINT ARTICULATION AND THE OS CALCIS POSITION AND REFLEX ON THE SIDE OF THE SHORT AND TENSE LEG.

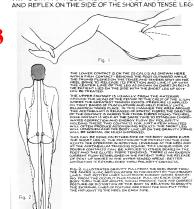
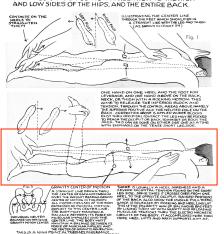


CHART NO. 55. ROTATION OF FEET AND THE CORRECTION OF THE OS CALCIS POSITION IN RELATION TO THE HIGH AND LOW SIDES OF THE HIPS, AND THE ENTIRE BACK.



VI B2 Ch55

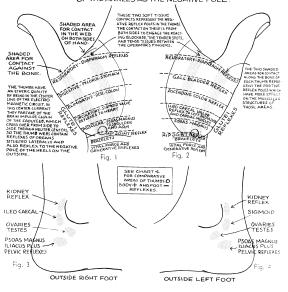
# Polarity Therapy Lymph Session

- 1. Rajasic Foot rub & pelvic reflexes
- 2. 5-pointed star
- 3. Colon Reflexes
- 4. Umbilical contact to stimulate periphery-to-core movement
- 5. Skin brushing and massage from periphery to core

#### 1. Vol I Bk 2 Ch 17

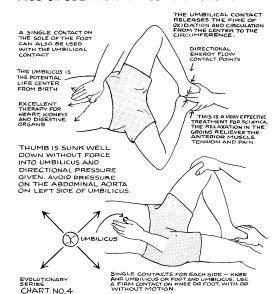
CHART NO.17.

THUMBS AS NEUTER REFLEXES EMBRACING THE ENTIRE AREAS BELOW THE DIAPHRAGM ON EACH SIDE OF THE BODY, COMPARED TO REFLEXES AROUND THE OUTSIDE OF THE ANKLES AS THE NEED THE ANKLES AS



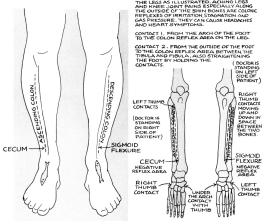
#### 4 VOI II EES Ch 4

EVOLUTIONARY TREATMENT APPLIED IT DISTRIBUTES THE FIERY ENERGY OF DIGESTION, AIDS CIRCULATION AND CURRENT FLOW.



#### 3. Vol I Bk 2 Ch 60

CHART NO.60. THE NEGATIVE REFLEXES OF THE COLON FOUND IN THE LEGS BETWEEN THE TIBIA AND THE FIBULA.



MANIPULATIVE MOVEMENTS IN THE DIRECTION OF THE ENERGY FLOW ARE SOOTHING, MOVEMENTS OPPOSITE TO IT ARE STIMULATING IN EFFECT.

ON THE RIGHT LEG ANTERIOR THE ENERGY FLOWS TOWARD THE FOOT ON THE LEFT LEG ANTERIOR - AWAY FROM THE FOOT AND UPWARD, FISHES SHOW ENERGY FLOW ANTERIORLY CONTACT 3. CONTACT ON THE SAME CONTACT ON THE COLON AFFECT OF THE COLON TYPE CONTACT ON THE COLON ITSELF CAN BE MADE TO BALANCE THE NEUTER CONTACT ON THE COLON ITSELF CAN BE MADE TO BALANCE THE NEUTER BELOW TO ELIMINATE THEM. THE OBJECT IS POLARITY OF CURRENT FLOW NOT MASSAGING, ALL CONTACT SHOULD BE MADE KEYS OIL THE PIANS OR TYPE-WRITTER.

#### 5. Vol II EES Ch 17

#### DRAINAGE OF UPPER LYMPHATICS

YMPATHETIC DRAINAGE OF THE AXILLARY REGION AND NECK STIMULATES PANIC ENERGY FLOW ALSO THE CERVICAL GANGLIONS AND BRACHIAL PLEXUS URRENTS. IT CLEARS HEAD CONGESTIONS IN COLD, ETC. THE DOCTOR STANDS IN ONE SIDE AND GRIDS THE AXILLARY MUSCLES AND THE NECK MUSCLES ON ONE IDE WITH GENTLE SQUEEZING ALTERNATING RHYTHMIC MOVEMENTS, IT GIVES A OOD RESPONSE OVER THE UPPER LEFT RIB ABEA OF THE 3P, 4TH AND 5TRIBS



ERIES HART NO.9

# **Polarity Therapy Joints Session**

#### **Client Supine**

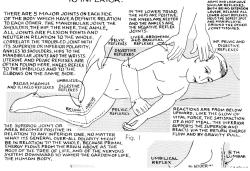
Centering, grounding, neutral

Massage medial borders of feet while acquiring history of joint injuries or problems including TMJ without pathologizing

- 1. Balance joints down right and up left sides, 30 sec. each
- 2. Balance joints individually bottom to top using X patterns, about 30 seconds each; stay more time with injury or intuitively attractive site
- **3.** \*Three stage process on one joint using proximal-distal contact
- **4.** Facilitation process on same joint
- **5.** Balance joint to Natural Fulcrum (C2, C7 or L5)

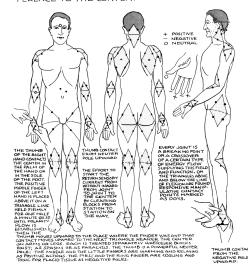
#### 1 VI B2 Ch33

CHART NO.33 RELATIONSHIP OF THE JOINTS AS NEUTEI POINTS AND THEIR POLARITY FROM SUPERIOR TO INFERIOR.



#### 2 VI Bk2 Ch59

CHART NO.59. PRINCIPLES OF LOCAL WIRELESS CURRENT FLOW IN THE BODY AND HOW IT CAN BE INFLUENCED BY POLARITY CONTACTS TO FLOW FROM THE CIRCUMFERENCE TO THE CENTER.

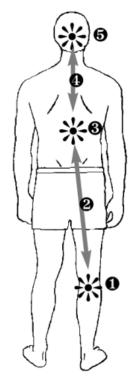


3

\*Three-stage process = Movement- Stillness- Movement: Hold above and below joint, ask what it would like to do. (Stage 1) Follow micromovement, if any, to its fullness and wait (Stage 2) (Stage 3) New and different movement may arise

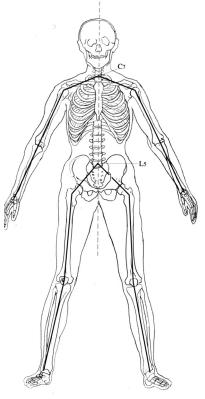


# Facilitation Handout



Sills <u>CSB</u>, Vol. II,

Vol. II, Chapter 13

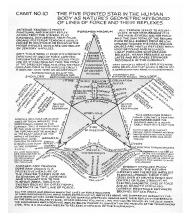


13.14 The midline of arms and legs orient to automatic shifting fulcrums located at C7 and L5

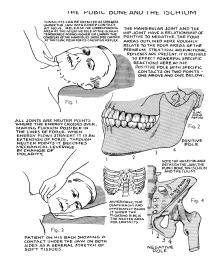
# Polarity Therapy TMJ Session

- 1. Five Pointed star
- 2. Balance TMJ to iliac fossa
- 3. Balance TMJ (relaxing cranial zone) to diaphragm
- 4. North pole stretch visualizing C2
- 5. 3-stage process for TMJ visualizing ligaments
- 6. Deep perineal or light rocking perineal

#### 1. VI B2 Ch10

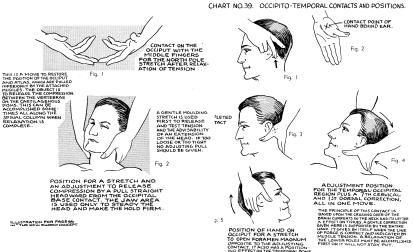


#### 2. VI Bk2 Ch27

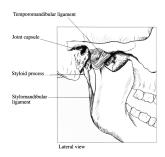


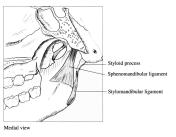


#### 4. VI B2 Ch42 and VI Bk2 Ch39



#### 5. Sills VII p217





12.7 Ligaments of the TMJs

#### TMJ Session 1

### Polarity Theraoy Kidneys & Lungs Session

#### Client Supine

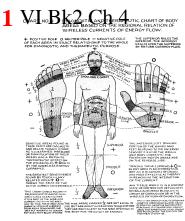
Centering, grounding, neutral via occipital cradle

- 1. Massage transverse arch of foot, hold kidney reflexes on outside of ankles
- 2. Air Oval & Air Element Triad
- **3.** Scapulae lift; Kidney 3-stage process

#### **Client Prone**

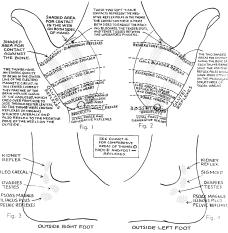
- **4.** Kidney pump & balance: chest, colon, calves
- **5.** Brachial plexus & Phrenic Nerve contact

Kidney-Lung Session 1

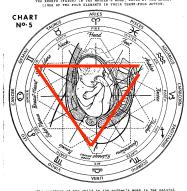


1 VI Bk2 Ch 17

NART NO.17. THUMBS AS NEUTER REFLEXES EMBRACING THE ENTIRE AREAS BELOW THE DIAPHRAGM ON EACH SIDE OF THE BODY, COMPARED TO REFLEXES AROUND THE OUTSIDE OF THE ANKLES AS THE NEOATIVE POLE.

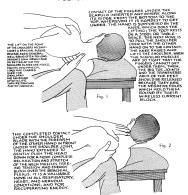


2 VIBk1 Ch5



3 VI Bk2 Ch36

CHART NO 36 SCAPULA LIFT FOR BRACHIAL



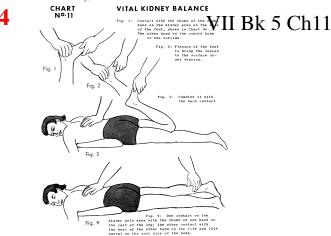


CHART NO.13. FIG.I. RELEASE OF PATTERN ENERGY BLOCKS IN THE CEREBRO-SPINAL FLUID. FIG.2. STRUCTURAL BIPOLAR RELEASE OF RESPIRATORY

A BRYTHING STIME PROGRAMA OF THE PROGRAMA OF T

### **Polarity Therapy Digestive Session**

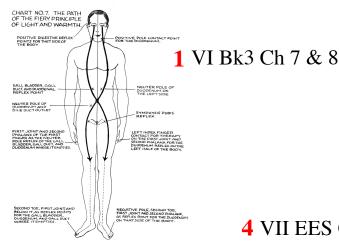
#### Client Supine

Centering, grounding, neutral via occipital cradle

Massage center of foot

- 1. Path of Fire
- 2. Foot-Umbilieus contact
- 3. Colon Reflexes on lower leg
- 4. Four corners & digestive reflexes
- 5. Tummy Rock
- 6. Balance Rib heads to Scapulae
- 7. Finish with sidelying Light Rocking Perineal

Digestive Session 1



BOOK III : POLARITY THERAPY

### VII EES Ch 4

EVOLUTIONARY TREATMENT APPLIED IT DISTRIBUTES THE FIERY ENERGY OF DIGESTION, AIDS CIRCULATION AND CURRENT FLOW.

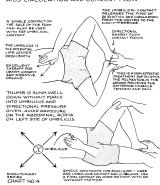
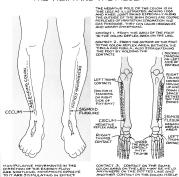


CHART NO.60. THE NEGATIVE REFLEXES OF THE COLON FOUND IN THE LEGS BETWEEN THE TIBIA AND THE FIBULA.



3 VI Bk2 Ch60

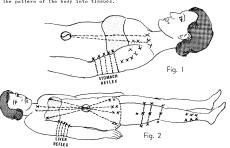
4 VII EES Ch2

EVOLUTIONARY RADIATING VITAL ENERGY WHICH SUSTAINS ALL BODY FUNCTIONS, ANTERIOR WAVES FROM THE CENTER OF AN AND CONTACTS FROM THE UMBILLOUS. OTHER SENSORY CENTERS FOR ONTACTS — THE PERINBUM UVULA, 100 F HEAD, PALMS OF HANDS, SOLES OF FEET.

#### VII EES Ch18

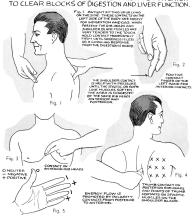
CHART No.18

VITAL WIRELESS THERAPY THEE THE PLETY FROUTTONARY SHEET OF THE PROJECT OF THE SHEET SHEET



#### 6 VI Bk2 Ch57

CHART 57. POLARITY CONTACTS ON RIB HEADS AND SPASTIC SHOULDER MUSCLES FROM POSTERIOR TO ANTERIOR TO CLEAR BLOCKS OF DIGESTION AND LIVER FUNCTION



### Polarity Therapy Spine & Back Session

#### Client Supine

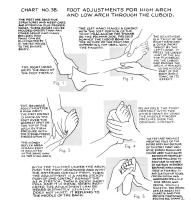
Assess spine via hip level and two finger tracing. Centering, grounding, neutral via occipital cradle; observe midline

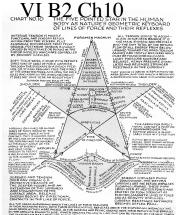
- 1. Check foot arches & cuboid
- 2. Five pointed star, touching intermediate points on star patterns to access anterior tensions

#### Client prone

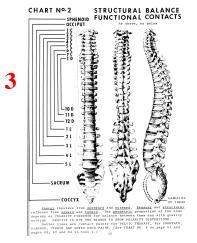
- 3. Spinal Harmonics
- 4. Relaxed Hand Contacts
- **5.** "S" curve on erectors
- 6. Using Elbow
- 7. Finish with A-B-C balance using light contact

#### VI B2 Ch38





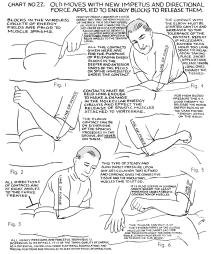
#### VII B5 Ch2



#### 4 VI B2 Ch23

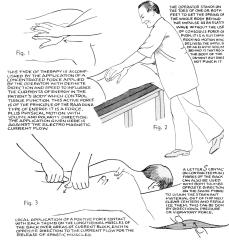


#### 6 VI B2 Ch22



#### 5 VI B2 Ch24

CHART NO. 24 CONTACTS WITH BOTH HANDS ON RIGHT SIDE OF THE BODY <u>AGAINST</u> THE CURRENT FLOW OF THE ELECTRO MAGNETIC FORCES, TO COUNTERACT THE EXCESSIVE IMPULSES OVER THE MUSCLE FIBRES WHICH KEEP THEM UNDER CONSTANT TENSION OR SPASM.



#### **7** VII B4 Ch2

CHART NO.2. SUPERIOR AND INFERIOR POLARITY RELATIONSHIPS.

WHIND ENERGY IS THE PRIMAL OF POLARITY OF DESIGNA AND RELATIONSHIP OF DESIGNA AND RELATIONSHIP OF DESIGNAL PLAID IN THE RESIGNATION OF THE POLARITY OF THE CONTROL OF THE POLARITY OF THE CONTROL OF THE C

## **Polarity Therapy** Headache **Strategies**

#### **Primary:**

- 1. Thumb webs
- 2. Path of Fire
- 3. Diaphragm release
- 4. Scapulae Release
- 5. Sub-Occiput

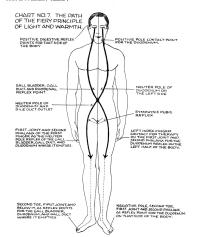
#### Other:

North Pole Stretch Other Gas Releasing 5-pointed star (left side?)

Venous Sinus Drain (from Sills. Craniosacral Biodynamics)



### **1.** VII EES Ch5 **2.** VI Bk3 Ch7



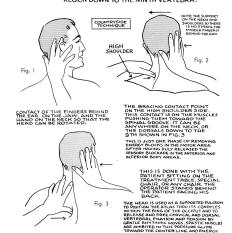
3. VI Bk3 Ch2



3. VI Bk3 Ch22

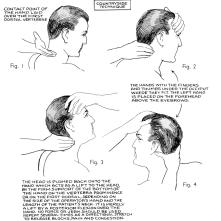
#### 5. VI Bk2 Ch47

A WELL SUPPORTED MOVE IN SITTING POSITION FOR MUSCLE RELEASE OF THE NECKAND DORSAL REGION DOWN TO THE NINTH VERTEBRA.



#### 5. VI Bk2 Ch49

CHART NO.49 EXTENSION OF THE NECK IN SITTING POSITION FOR HEADACHES, GAS PRESSURE AND OCCIPITO-ATLAS AND FORAMEN MAGNUM RELEASE.



### 4. VI Bk3 Ch24

CHART NO. 24. CONTACTS UNDER THE SHOULDER BLADES FOR GAS SYMPTOMS AND BETTER AIR INTAKE





### Polarity Therapy Sex & Reproductive Session

General balance (5-pointed star, path of fire and/or 6-pointed star)

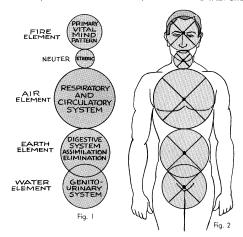
- 1. Water Oval
- 2. Hand & foot reflexes
- 3. Pubic bone contacts
- 4. Facilitation

#### **3a.** Vol I Bk 2 Ch 19

CHART NO. 19. A TECHNIQUE TO RELEASE MOTOR ENERGY BLOCKS IMMEDIATELY ABOVE THE PUBIS FOR BLADDER-URINARY-RECTAL-UTERINE AND PROSTATIC TROUBLE. COCCYX CORRECTION FOR PILES



CHART NO.6. PRIMARY FIELDS OF SPACE CIRCLES AS BODY CAVITIES WITH THEIR CROSS OVER POLARITY LINES OF ENERGY AND ONE NEUTER CENTER IN EACH. THE CHEST REPRESENTS THE PHYSICAL FIELD OF AIRINESS AND RESPIRATION. THE ENERGY ASPECT OF THE AIRY ELEMENT IS USUALLY ATTRIBUTED TO THE MIND, THE BRAIN, AND THE NERVOUS SYSTEM, PRIOR TO PHYSICAL FUNCTION.



#### 1. Vol I Bk 3 Ch 6

#### **3b.** Vol I Bk 2 Ch 26

CHART NO.26. VERY IMPORTANT DIRECTIONAL CONTACTS ON THE SYMPHISIS PUBIS FOR BLADDER TROUBLE AND INFLAMMATION, FOR MENSTRUAL AND LEG CRAMPS AND PAINS, FOR SINUS CONGESTION.

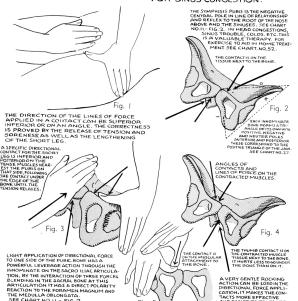
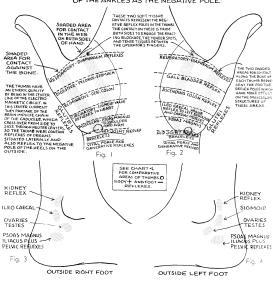


CHART NO.17.

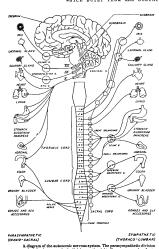
THUMBS AS NEUTER REFLEXES EMBRACING THE ENTIRE AREAS BELOW THE DIAPHRAGM ON EACH SIDE OF THE BODY, COMPARED TO REFLEXES AROUND THE OUTSIDE OF THE ANKLES AS THE NEGATIVE POLE.



#### 2. Vol I Bk 2 Ch 17

#### 4. Vol II EES Ch 17

CHART No. 17 THE THREE NERVOUS SYSTEMS AND THE THREE WIRELESS ENERGIES



NOTE: This diagram is reproduced from Part
I, Lecture No. l of "Chiropractic Neurology" principles by POLARITY, in
by kind permission of Oits J. Briggs, D.C.,
Ph.C., Dean and instructor at The Indiana
Chiropractic College, Indianapolis, Indiana, ther it can then the Airy blockage by flowing

The Fire Principle radiates like atomic warth from the chakra at the umbilicum, in oval waves, outward, and creates the vital aura of devotion shown in pictures of the saints. When stepped down it works that the sympathetic nervous system as autonomic function, to sustain the body. See Chart 2 in this series.

The Airy Element is illustrated in Chart No. 12 of this series. It works thru the parasyspathetic system, above and below, from the outside in and out. Air expands and locks up function in tissues, causing spass and pain anywhere. It acts as a brake to the notive energy, like an air gap in conduction. Most pains are due to expansion before the actual gross pains are due to expansion and gas formation in tissues before the actual gross tremulation and given by removing these energy blocks and closing the wireless gap by means of POLARITY APPLICATION over the polarity regions, above and below, as shown in WIRE-LESS AMATOWY and in POLARITY THERAPY, as well as over the parasyspathetic regions shown here, for specific response. This is a simultaneous contact with one hand above and the other below. See Chart No.4, page 11 in WIRLESS AMATOWA, and the other below. See Chart No.4, page 11 in WIRLESS AMATOWA, in their hoal fields, will neve the Airy blockage by flowing thru it.

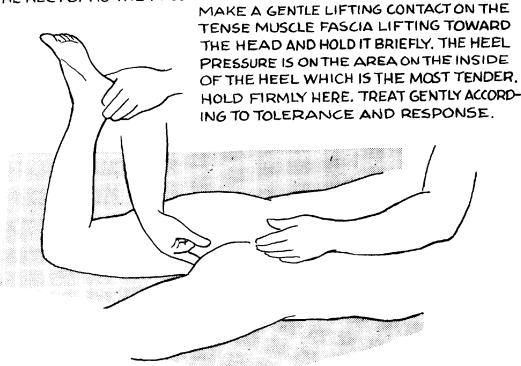
The Water Principle acts in the cerebrospinal system and its fluid in the arachnoid space. Moving this is better than vertebral adjustment for pain and spasm. Nothing can be forced when tension exists in the tissues due to the air locked in the cells. See Chart No. 1 in this series. This is the North and South Pole POLARITY in the body and its zones are illustrated throughout the book, "WIRELESS ANATOMY".

#### Polarity Therapy Prostate Session

Vol II EES Ch 7

#### DRAINING THE PROSTATE

BY A PERINEAL LIFTING CONTACT FROM THE OUTSIDE AND ALSO A CONTACT ON THE HEELS. PRESSURE ON THE INSIDE OF THE HEELS CLEARS THE NEGATIVE POLE REFLEXES OF THE PROSTATE OR UTERUS. LIFTING UP THE PROSTATE FOR DRAINING TAKES A LITTLE MORE PRESSURE THAN HOLDING IT FOR RELEASE OF IRRITATION OR SWELLING. THE CENTER AREA OF THE PERINEUM FROM THE SYMPHYSIS PUBIS TO THE RECTUM IS THE PROSTATE AREA FOR LIFTING IT UP FOR DRAINAGE.



THE PERINEAL CONTACT IS THE BEST TREATMENT FOR NERVOUSNESS AND HYSTERIA WHERE VERY GENTLE CONTACTS ARE GIVEN AS IN CHARTS 30 AND 31 IN "WIRELESS ANATOMY." THE ELBOW PRESSURE ON THE SPINE IS FOR A COMBINATION TREATMENT OF THE KIDNEYS OVER THE 11th AND 12th DORSAL IN CONNECTION WITH THE PERINEAL CONTACT FOR THE PROSTATIC CONDITION.

EVOLUTIONARY SERIES CHART NO. 7

#### **Polarity Therapy Nervous System Session Menu**

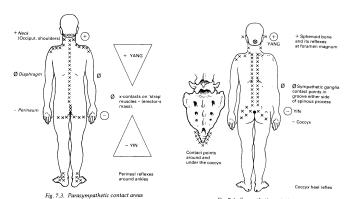


Fig. 7.4. Sympathetic contact areas CHART No.17 THE THREE NERVOUS SYSTEMS AND THE THREE WINELESS EMERGIES

WHICH BUILT THEM AND SUSTAINS THEM

See Chart 2 in this series.

SYMPATHETIC (THORACO-LUMBAR)

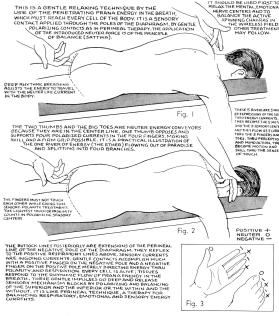
NOTE: This diagram is reproduced from Part 1, Lecture No. 1 of "Chiropractic Neurology" by kind permission of Otis J. Briggs, D.C., their local fields, will move Ph.C., Dean and Instructor at The Indiana Chiropractic College, Indianapolis, Indiana. thru it.

The Fire Principle radiates like atomic warmth from the chakra at the umbilicus, in oval waves, outward, and creates the vital aura of devotion shown in pictures of the saints. When stepped down it works thru the sympathetic nervous system as autonomic function, to sustain the body.

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The Water Principle acts in the cerebrospinal system and its fluid in the arachnoid space. Moving this is better than vertebral adjustment for pain and spasm. Nothing can be forced when tension exists in the tissues due to the air locked in the cells. See Chart No. 1 in this series. This is the North and South Pole POLARITY in the body and its zones are illustrated throughout the book, "WIRELESS ANATOMY".

#### RESPIRATORY AND AUTONOMIC SENSORY REFLEX CHART NO.29. THERAPY FOR MENTAL-EMOTIONAL AND NERVOUS TENSION RELEASE



#### PERINEAL CONTACTS IN RELATION TO THE NECK, SHOULDER, ELBOW AND HIP.

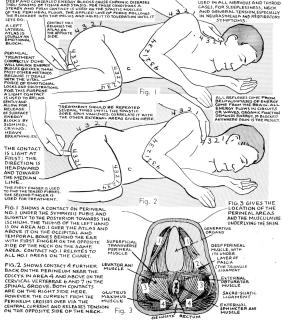


CHART FOR PERINEAL TREATMENT DESCRIBED ON PAGES 50, 51, 52 IN THE NEW ENERGY (ONCEPT OF THE HEALING ART. PAGE 49 GIVES A DIAGRAM OF PERINEAL FLOOR AND CONTACT POINTS.

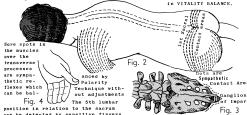
#### CHART No.19 Figure 1 - HEAD AND FEET POLARITY RELATIONSHIPS Figure 2 - LUMBO SACRAL DIAGNOSIS AND TREATMENT

The functions in the head and brain areas can be influenced thru the negative pole of the feet by stimulation or heavy pressure on specific spots in the feet. The reason is that the feet are the end of the circuit or the negative pole of embryonic energy currents which built the body. The heels correspond to the occiput - the inside to the center areas and the outside to the sides of the occiput. That soft portion of the arch, underneath, has its

reflex not only to the abdominal areas and organs

reflex not only to the abdominal areas and organs but also to the brain areas which govern then. This is the path of the Primal Energy Pattern, from above downward.

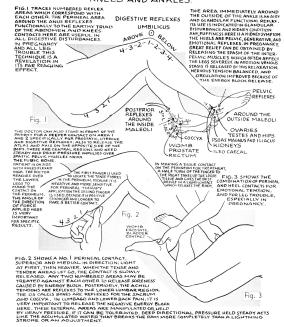
The toes have an influence on the frontal portion of the head and brain. Stubbing our toes has also a mental implication. See Chart No. 6, page 43 in VITALITY BALANCE.



can be detected by sensitive fingers, can me selected by sensitive lingues, bent to make an even line, as illustrated by the hand in this chart. Compare the 5th lumbar spinous process position to the 1st sacral spine. The patient lies on a roll or cushion to bring this area upward for better observation and touch. Next, note the tenderness on the spinous process on each side. The sorest side is the one in distress. It is usually rotated laterally, anterior and inferior on that side. Check the 5th lumbar on each side.

TREATMENT: First release the parasympathetic spasm as shown in Chart 20 THEATMENT: First release the parasympathetic spasm as shown in Chart 20 as well as 18 of this series for sympathetic release. Use a perineal contact on the densest spot in that area on that side. See Chart 8, page 81 in "EMESGY for the perineal area, also Chart 30, page 37 in "WHELESS ANA ATOMY" for details. Then make gentle contacts, posteriorly, on the sympathetic areas shown here for relaxation around the innominate ris. Also inhibit tension spots along the spime, over the transverse processes, together with polarity contacts below. Then a correction can be made with only ounces of pressure while the patient lies on the sore and inferior side. This is done with one finger on the lateral spinous process and the thumb over the gluteal muscles. See Chart 34, page 41 in "WIRELESS ANATOMY"

#### CHART NO.31. PERINEAL THERAPY IN CONNECTION WITH KNEES AND ANKLES



# Polarity Therapy "Countryside" Session

CHART NO.21. STEP ONE IN GAS RELEASING TECHNIQUE, ANTERIOR AND POSTERIOR VIEW.



CHART NO. 24. CONTACTS UNDER THE SHOULDER BLADES FOR GAS SYMPTOMS AND BETTER AIR INTAKE.

CHART NO. 22. ACTIVATING ANTERIOR AND POSTERIOR BODY AREAS FOR THE RELEASE OF GASES.

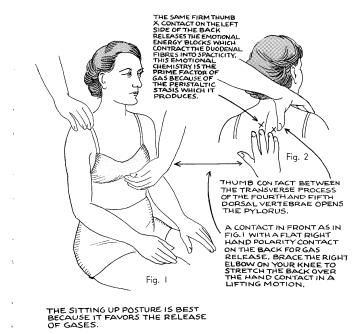
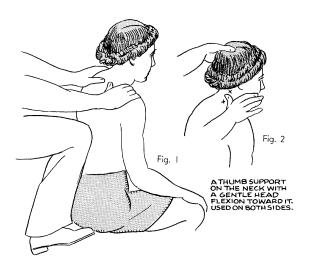


CHART NO.23. SHOULDER CONTACTS WITH KNEE SUPPORT AT VARIOUS POINTS ON THE BACK FOR GAS RELEASE.





# Polarity Therapy Colon Charts

# CHART NO.60. THE NEGATIVE REFLEXES OF THE COLON FOUND IN THE LEGS BETWEEN THE TIBIA AND THE FIBULA.

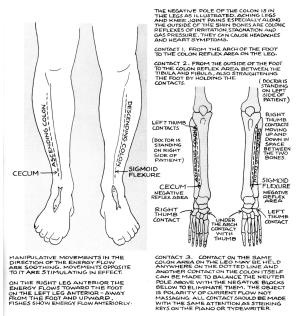
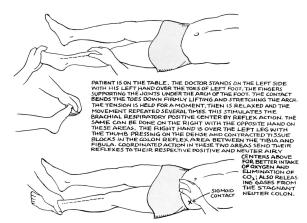
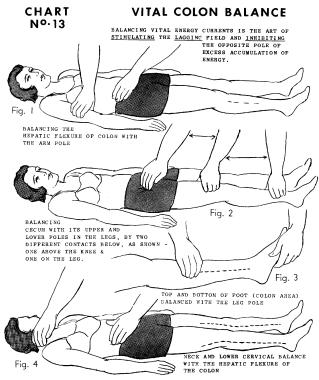


CHART NO. 61. COORDINATED POLARITY STIMULATION OF THE AIRY REFLEX CENTERS IN THE ARCHES OF THE FEET WITH THE COLON AND ITS REFLEX CENTERS IN THE LEGS.



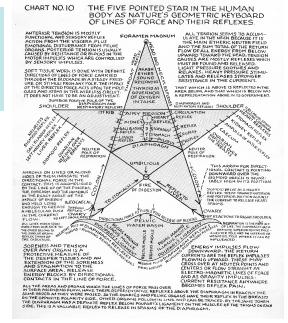
THE DOCTOR STANDS ON THE LEFT SIDE OF THE PATIENT AND HIS LEFT HAND IS OVER THE MIDDLE OF THE ARCH OF THE LEFT FOOD TAND THE THUMB MAKES A FIRM CONTACT BELOW THE LEFT ANKLE ON THE QUITSIDE OVER THE REFLEX AREA OF THE SIGMOID AND THE PSOAS MUSCLE. SEE CHART 17, PAGE 24, BOOK 2. THE FOOT IS ROTATED OUTWARD AND HELD WHILE THE RIGHT HAND THUMB AND FINGERS CONTACT THE AREA QUER THE SIGMOID OR PSOAS MUSCLE ON THE ABDOMEN. THIS CAN BE USED ON EITHER SIDE FOR THE RELEASE, POLARITY CURRENT REFLEXES, THIS ARCH SET ON THE PROPERTY OF THE HAND SITION FOR THE HANDS WITHOUT (ROSSING THEM OVER EACH OTHER).

FOR PROSTATIC AND UTERINE TREATMENTS THE LEFT CONTACT GOES A LITTLE LOWER ON THE HEAL WITH THE RIGHT HAND OVER THE MUSCLES OF THE SYMPHISIS PUBIS.

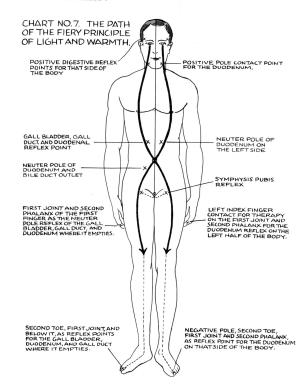


PROMOTING OR RESTORING A CURRENT PLOW IN ANY TRIUNE POLARITY CIRCUIT IS VITAL BALANCING. THESE FUNCTIONING ENERGIES FLOW IN RHYTHM WITH THE VITAL BREATH WHICH PENETRATES ALL TISSUE FOR LIVING FUNCTION.

# Polarity Therapy Liver Charts

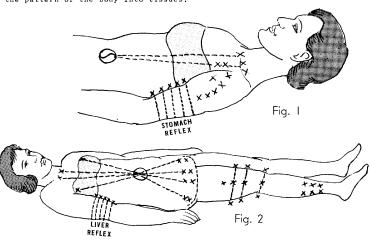


BOOK III: POLARITY THERAPY



#### CHART No.18 VITAL WIRELESS THERAPY THRU THE FIERY EVOLUTIONARY ENERGY IN THE UMBILICAL CHARRA OR CENTER.

The umbilicus is the center in the body thru which the Life Energy can be influenced. It is the link to the Primal Energy of the Yang and the Yin of embryonic life impulses which, in their ceaseless churning, wove the pattern of the body into tissues.



#### DRAINAGE OF UPPER LYMPHATICS

YMPATHETIC DRAINAGE OF THE AXILLARY REGION AND NECK STIMULATES PRANIC ENERGY FLOW ALSO THE CERVICAL GANGLIONS AND BRACHIAL PLEXUS URRENTS. IT CLEARS HEAD CONGESTIONS IN COLDS, ETC. THE DOCTOR STANDS IN ONE SIDE AND GRIDS THE AXILLARY MUSCLES AND THE NECK MUSCLES ON ONE IDE WITH GENTLE SQUEEZING ALTERNATING RHYTHMIC MOVEMENTS, IT GIVES A OOD RESPONSE OVER THE UPPER LEFT RIB AREA OF THE 3P, 4TH AND 5TH RIBS



VOLUTIONARY ERIES HART NO.9

### **Polarity therapy Stomach Charts**

#### CHART NO.10

THE FIVE POINTED STAR IN THE HUMAN BODY AS NATURE'S GEOMETRIC KEYBOARD OF LINES OF FORCE AND THEIR REFLEXES.

ANTERIOR TENSION IS MOSTLY
FUNCTIONAL AND SENSORY REFLEX
ACTION FROM THE VISCERA PLUS
EMOTIONAL DISTURBANCE FROM PELVIC
ORGANS. POSTERIOR TENSION IS USUALLY
CAUSED BY RESISTANCE OR BLOCKS IN THE
MOTOR IMPULSES WHICH ARE CONTROLLED
BY SENSORY IMPULSES. ALL TENSION SEEMS TO ACCUM-ULATE IN THE NECK BECAUSE IT IS THE MAIN ETHERIC NEUTER FIELD AND THE SUM TOTAL OF THE RETURN FLOW OF ALL ENERGY FROM BELOW UPWARD TOWARD THE HEAD. TENSION CAUSES ARE MOSTLY REFLEXES WHICH MUST BE FOUND AND RELEASED. LIGHT PRESSURE SOOTHES AND RELAXES. HEAVY PRESSURE STIMU-LATES AND RELEASES STRONGER RESISTANCE IN THE CURRENT. FORAMEN MAGNUM AKASH -SOFT TISSUE WORK IS DONE WITH DEFINITE JOHN 11330E WORK IS DUNE WITH DEFINITE DIRECTIONS OF LINES OF FORCE CARRIED THROUGH THE BLOCKADE BY A STEADY PRESSURE OR STIMULI FROM ANY POLE. THE IMPACT OF THE DIRECTED FORCE ACTS UPON THE MOLE-CULES AND ATOMS IN THE WIRELESS CIRCUIT. IT DOES NOT HAVE TO BE AN ADJUSTMENT. RESERVOIR THAT WHICH IS ABOVE IS REFLECTED INTHE AREA BELOW, AND THAT WHICH IS BELOW HAS A REPRESENTATION ABOVE IN ITS GOVERNMENT. THYROIDAS SUPERIOR POSITIVE POLE OF THE DIAPHRAGM AND SHOULDER RESPIRATORY REFLEX INTAKE PESPIRATORY REFLEXES SHOULDER AIRY REGION & CIRCULATION

HEART REFLEX

KIDNEY REFLEX

GALLANDER 3 ESOPHAGUS REFLEX

REFLEX

LIVER 1 STOMACH REFLEX

OLAPHRAGN

NEUTER

NEUTER

NEUTER

NEUTER

NEUTER STONA CHREATER KTPIR A STOTAL SOLD STORY CARCONS NEUTER POLE OF RESPIRATION MBILICUS THIS ARROW FOR DIRECTIONAL CONTACT IS POINTING
DOWNWARD OVER THE
SIGMOID WAICH IS INVARIABLY HIGH IN ITS POSITION APROVS ON LINES OR ALONG SIDES OF THEM INDICATE THE DIRECTIONAL FORCE IN THE CONTACT. THIS IS ACCOMPLISHED BY THE LINE UP OF THE FINGERS, OTHE POBEARM AND THE MAMERUS IN THE EXACT ANGLE OF THE IMPACT OF ENERGY ILEOCAFCA.

AND HELD LONGATE THYOUGH AND THE CONTACT OF ENERGY ILEOCAFCA. THE THE CONTACT IN THE CURRENT OWART FLOW. TO LEFT SHOULD FROM THE CURRENT OWART FLOW. FIRE OF DIGESTION SIGMOID VALVE AS A HEART REFLEX. TREAT TOWARD INFERIOR AND POSTERIOR POSITION AGAINST THE CURRENT TO RELEASE HEART FOR RELEASE OF BLOCKS DIRECTIONAL FORCE THIP REACTIONS TO RIGHT SHOULDER. ALL LINES WHICH CROSS OVER FROM ONE SIDE TO THE OTHER BELONG TO THE BIPDIAR BRAIN REFLEX CHAIN OF THE CADUCEUS. RESPIRATION IS THE FIRST ACT WATERBASIN MANUSCH PROPERTY THERAPY RESPIRATION IS THE FIRST ACT

ESCASS OF LIFE. THE DIAPPRAGM HAS A

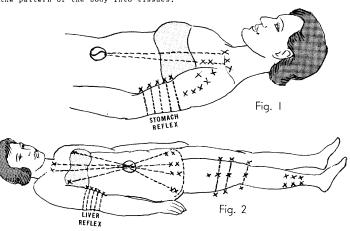
DEFINITE SUPERIOR POSITIVE POLE
FOR A NEUTER POLE AND AN INFERIOR OR

NEGATIVE POLE WHERE IT CAN BE

INFLUENCED. 9 9 SOREMESS AND TENSION
OVER ANY ORGAN IS A
PROTECTIVE MEASURE OF
THE DEEPER TISSUES AND AN
EXTENSION OF THE SOREMESS
AND STAGONATION TO THE
SURFACE AREA. RELEASE
ENERGY BLOCKS BY DIRECTIONAL
CONTACTS IN THE LINE OF FORCE. CHART NO.7. THE PATH OF THE FIERY PRINCIPLE OF LIGHT AND WARMTH POSITIVE POLE CONTACT POINT ALL THE AREAS AND ORGANS WHICH THE LINES OF FORCE IN THEIR ASCENDING FLOW, HAVE THEIR REPRESENTATION SAME ORDER AS THEY WERE PASSED. SO THE OVARILES AND ON THE OPPOSITE POLARLITY SIDE. OTHER ORGANS FOLITE DIAPRAGM HAS A DEFINITE REFLEX BELOW POUPS SIDE. THIS IS A VALUABLE REFLEX TO RELEASE IN SPA: GALL BLADDER, GALL DUCT, AND DUODENAL REFLEX POINT

CHART No.18 VITAL WIRELESS THERAPY THRU THE FIERY EVOLUTIONARY ENERGY IN THE UMBILICAL CHAKRA OR CENTER.

The umbilicus is the center in the body thru which the Life Energy can be influenced. It is the link to the Primal Energy of the Yang and the Yin of embryonic life impulses which, in their ceaseless churning, wove the pattern of the body into tissues.



#### DRAINAGE OF UPPER LYMPHATICS

YMPATHETIC DRAINAGE OF THE AXILLARY REGION AND NECK STIMULATES PANIC ENERGY FLOW ALSO THE CERVICAL GANGLIONS AND BRACHIAL PLEXUS URRENTS. IT CLEARS HEAD CONGESTIONS IN COLDS, ETC. THE DOCTOR STANDS IN ONE SIDE AND GRIDS THE AXILLARY MUSCLES AND THE NECK MUSCLES ON ONE IDE WITH GENTILE SQUEEZING ALTERNATING RHYTHMIC MOVEMENTS, IT GIVES A COOD RESPONSE OVER THE UPPER LEFT RIB AREA OF THE 3P, 4TH AND STRIPS.



POLUTIONARY ERIES HART NO.9

# Polarity Therapy Gall Bladder Charts

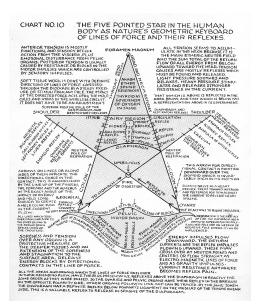
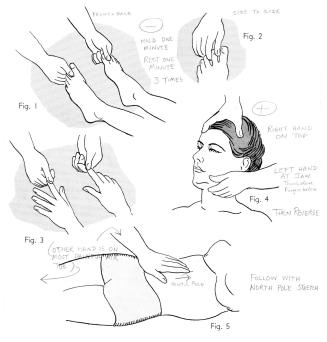
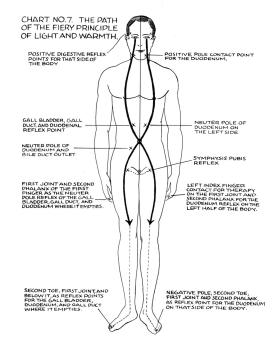


CHART NO. 8. PRINCIPLES OF CHART NO. 7 APPLIED AS THERAPY. POLARITY CONTACT POINTS FOR GALL BLADDER, GALL DUCT AND DUODENUM, TO RELEASE ENERGY BLOCKS.



BOOK III: POLARITY THERAPY



APATHETIC DRAINAGE OF THE AXILLARY REGION AND NECK STIMULATIONIC ENERGY FLOW ALSO THE CERVICAL GANALIONS AND BRACHIAL PLEXIRENTS. IT CLEARS HEAD CONGESTIONS IN COLDS, ETC. THE DOCTOR STANDONE SIDE AND GRIDS THE AXILLARY MUSCLES AND THE NECK MUSCLES ON ON EWITH GENTLE SQUEEZING ALTERNATING RHYTHMIC MOVEMENTS, IT GIVES. DO RESPONSE OVER THE UPPER LEFT RIB AREA OF THE 3P, 4TH AND 5TH.

